

FREE TRAIL RACE FOR YOUNG RUNNERS

The Hudson Highlands Nature Museum and Run Wild, Inc. are pleased to announce free registration for young runners 18 and under at the Meadows & Trails 5K to be held
October 15, 2022



Located in Cornwall, New York, the Hudson Highlands Nature Museum has been voted the “best place to take kids in the Hudson Valley.” This scenic 5k (3-mile) race takes place at its Outdoor Discovery Center just off route 9W. Run on easy trails through grassy fields, past small ponds, over rolling hills, and through beautiful forest. A perfect introduction to trail running for runners old and young!

To encourage young people to experience trail running, Run Wild, Inc. will pay for the \$30 registration fee for the first 100 young runners aged 18 and under. [Run Wild](#) is a 501(c)3 not-for-profit formed to promote land conservation and stewardship in the Hudson Valley and beyond.

SPACE IS LIMITED SO REGISTER NOW!

Click on this special URL to sign up your young runners: [Young Runners Sign-Up](#)

Young Runners will receive T-shirt and Finisher's medal

Coaches and Gym Teachers: We may be able to arrange bussing to and from the race (depending on location and number of young runners) – please contact us for more information

For more information, contact Ken Posner at Run Wild posnerk@gmail.com 646 784-0341 or

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